



# Rahm Thomas University

## College of Theology Department of Psychology

### Course Guide

### Curriculum for the Bachelor of Arts in Psychology Degree (B. PS.

#### Freshman Year

#### First Semester

#### Credit

|           |                             |    |
|-----------|-----------------------------|----|
| OT 131    | Old Testament Introduction  | 3  |
| ENGL. 101 | Freshman English            | 3  |
| PS 131    | Psychology of Theology I    | 3  |
| HT 121    | History of Christianity     | 2  |
| COSC 101  | Computer Education & Skills | 3  |
| PHED 101  | Physical Education/ ROTC    | 1  |
|           | Total                       | 15 |

#### Second Semester

#### Credit

|          |                                  |    |
|----------|----------------------------------|----|
| NT 131   | New Testament Introduction       | 3  |
| ENGL 102 | Freshman English                 | 3  |
| CL 132   | Abnormal Human Behavior          | 3  |
| Th 122   | Apologetics                      | 2  |
| CL 102   | Training, Coaching and Mentoring | 3  |
| TH 102   | Homiletics                       | 1  |
|          | Total                            | 15 |

Sophomore Year  
Second Semester

Credit

|           |                          |    |
|-----------|--------------------------|----|
| ENGL 201  | Sophomore English        | 3  |
| CL 221    | Critical Decision Making | 2  |
| DS/EV 230 | Biblical Archeology      | 3  |
| CC 220    | Christian Counseling     | 2  |
| SP 220    | Social Psychology        | 2  |
| EP 220    | Environmental Psychology | 2  |
| MS 230    | Pneumatology             | 3  |
|           | Total                    | 17 |

Second Semester

Credit

|           |  |    |
|-----------|--|----|
| ENGL. 202 | Sophomore English                      | 3  |
| CL 222    | Leadership in handling dangerous Cases | 2  |
| NT 230    | Acts of the Apostles                   | 3  |
| PM 220    | Christian Worship                      | 2  |
| LL 223    | Cognition Language                     | 3  |
| PS 230    | Christian Approaches to Conflict       | 3  |
| PS 220    | Psychology of Development of Learning  | 2  |
|           | Total                                  | 18 |

Junior

First Semester

Credit

|        |                                       |    |
|--------|---------------------------------------|----|
| PS 331 | Christian Education Psychology Method | 3  |
| PM 330 | Church Administration                 | 3  |
| OT 320 | Old Testament Prophets                | 3  |
| CH 331 | Christian Education Psychology Method | 3  |
| CL 330 | Personality Development I             | 3  |
| RH 331 | Research Methods                      | 3  |
|        | Total                                 | 18 |

Second Semester Credit

|        |                                      |    |
|--------|--------------------------------------|----|
| PH 332 | Philosophy of Religion               | 3  |
| PS 332 | Stress & Health management           | 3  |
| PS 320 | Introduction to Christian Philosophy | 2  |
| PM 330 | Problems and Issues in Pastoral Min. | 3  |
| RH 332 | Research Methods                     | 3  |
| PS 330 | Psychology of Testing                | 3  |
|        | Total                                | 18 |

Fourth Year

First Credit

|        |  |    |
|--------|--|----|
| DV 430 | Self-Management and Personal Development | 3  |
| PM 431 | Homiletics                               | 3  |
| PS 430 | Psychology of Human Behavior             | 3  |
|        | Objective                                | 9  |
|        | Total                                    | 17 |

Second Semester Credit

|        |   |    |
|--------|---|----|
| ST 430 | Reaching the Muslims and Traditional people | 3  |
| PS 432 | Psychology use during Church Planning       | 3  |
| CL 430 | Leadership in the Church                    | 3  |
| CL 430 | Church Politics                             | 3  |
| CL 456 | Thesis                                      | 5  |
|        | Total                                       | 17 |

## **Course Division**

### 1. Division of Mission, Evangelism and Discipleship & Spiritual Formation

DS 120 Christian Business

DS 130 Spiritual Formation & Discipleship

DS220 Christian Personal/Social Ethics

DS/EV 230 Principles of Evangelism

MS/EV 230 Church Planting

MS 330 History of Christian Missions

MS 330 Cultural Anthropology

MS/EV 430 Pastor and Missions

MS/EV 430 Church Growth

### 2. Division of Christian Ministries

#### A. Pastoral Ministry

PM 220 Christian Worship

PM 330 Problems & Issues in Pastoral Ministry

PM 330 Church Administration

PM 320 Marriages and the Family

PM 430 Pastoral Counseling

PM 431 Homiletics I

PM 432 Homiletics II

#### **B. Christian Education**

CE 130 Introduction to Christian Education

CE 230 Church's Ministry to Children & Youth

CE 320 Church's Ministry to Adults

CE 320 Camps & Conferences

CE 330 Educational Administrations

CE 330 Curriculum Development

CE 330 Educational Foundations

CE 330 Educational Psychology

CE 330 Educational Method in

Elementary/ Secondary Schools

CE 430 Seminars in Christian Education

CE 430 Educational Philosophy  
CE 430 Testing & Evaluation  
CE 460 practice Teaching  
CE 430 Guidance and Counseling

### C. Christian Counseling

CC 330 Counseling Christian Workers  
CC 330 Counseling Christian  
CC 330 Innovative Approach to Counseling  
CC 330 Sport-Controlled Temperament  
CC 330 Counseling The Depressed  
CC 330 Self-Imagery And Prayer in Counseling  
CC330 Career Counseling  
CC 330 Counseling for Substance Abuse  
CC 330 Counseling and Divorce  
CC 330 Marriage and Family Counseling  
CC 330 Counseling for Unplanned Pregnancy  
CC 430 Counseling for Family Violence  
CC 430 Counseling and Guilt  
CC 430 Counseling and HIV/AIDS  
CC430 Counseling Children with Conduct disorder  
CC430 Counseling the sick and terminally ill  
CC 430 Conflict Management and Counseling  
CC 430 Psychotherapy  
CC430 Counseling in Times of Crisis  
CC 430 Counseling for Anger

### **3. Division of Biblical Studies**

#### **a. Biblical Theology**

BT 230 Biblical Authority and Hermeneutics  
BT 330 Fundamental of Biblical Theology  
BT 230 Inductive Bible Study Method

## **B. Old Testament**

OT 131 Old Testament Introduction  
OT 220 Joshua & Judges  
OT 220 Old Testament Prophets  
OT 220 Exodus  
OT 330 Old Testament Criticisms  
OT 320 Pentateuch

## **C. New Testament**

NT 132 New Testament Introduction  
NT 230 Acts  
NT 243 Inductive Bible Study Method II  
NT 333 Theology of Paul  
NT 343 Romans  
NT 433 Revelation

## **4. Division of Theological studies**

### **A. Historical Theology**

HT 121 History of Christianity I  
HT 122 History of Christianity II  
HT 230 Wesleyan History and Doctrine

### **B. Systematic Theology**

ST 131 Systematic Theology I  
St 132 Systematic Theology II  
ST 430 Contemporary Theological Trends  
ST 430 Doctrine of Last Things  
ST 320 the Church and War

## **5. Division of Philosophy and Human Sciences**

PH 220 African Traditional Religions  
PS 220 Psychology of Development and Learning  
PH 331 Introduction of Philosophy  
PH 332 Philosophy of Religion  
PH 330 Islam  
PH 430 Major Religions, Cults & Occults  
SO 331 Sociology I

SO 332 Sociology II

## **6. Division of Language**

### **A. English**

EN 101 Freshmen English I

EN 102 Freshmen English II

En 201 Sophomore English I

EN 202 Sophomore English II

### **B. Greek**

GK 331 Fundamental of New Testament Greek I.

GK 332 Fundamental of New Testament Greek II.

GK 430 Exegeses for Pastors & Teachers

## **Course Description**

Division of Mission, Evangelism, Discipleship & Spiritual Formation

DS 120 Christian Business –Discusses Biblical Principles for Business men and woman and answers question about biblical economics. Examination is made of the biblical basic for the Christian’s involvement in business, the kind of business to pursue and insurance plans emphasis is put on Christ-likeness in all business dealings. 2hour.

DS 130 Doctrine & Practice of Spiritual Formation: The theological and practical dimensions of the student’s spiritual life is duly examined in order to help develop his devotional life and equip him for right spiritual leadership in the church. 3hour.

DS/EV 230 Christian Personal Ethics: Basic principles of New Testament ethics are carefully examined and compared with contemporary (i.e African) social problems and practices (i.e. value system, obligation). 2hours

DS/EV 230 Principle of Evangelism & Discipleship: Attention is given to the biblical and practical bases of personal and congregational evangelism.

Students will partake in and will be encouraged to establish cell groups for the nurturing and spiritual activation of their congregation and themselves. 3hours

**MS/EV 230 Church Planting:** Uses a variety of models, methods and “Experience” materials which are helpful in starting and sustaining new churches. 3hours.

**MS 430 Cultural Anthropology:** Provides the student with advanced skills in interpreting the scriptures in the light of the cultures in which it was written. Hence, it will provide the conceptual tools with which to convincingly relate the Bible to the present cultures. 3 hours

**MS 420 The Pastor & Mission:** Helps the pastor to plan and promote effective missions program in his local church. Attention is given to the purpose, biblical basis, and usage of the missionary mandate. 2hour

**MS 430 History of Christian Mission:** Selected Periods of mission history, their pattern of development, key personalities, and principles which have enhanced Christianity around the world are reviewed. 3hours

**MS/EV 430 Church Growth –Surveys:** the various principles and methods of productive evangelism and growth in the church. Attention is given to the theological anthropological, traditional and indigenous elements which affect the rate and patterns of church growth. Special attention is given to case studies of growing, staggering and stagnant churches. 3hours.

### **Division of Christian Ministries**

**PM 220 Christian Worship:** this course is offered in order to help the students understand what worship is, why we worship, and who we worship as Christians. Attention will be given to the items in an order of service on the preparation of an order service with Special attention given to few important Christian events in worship. 2hours



**PM 330 Problem & Issues in Pastoral Ministry:** This course highlights major problem and issues associated with the Pastoral Ministry and emphasizes the strategies that would be used to handle these problems. 3 hours.

**PM 330 Church Administration:** Studies the leadership, theories, and practice of administration within the local church. Special attention is given to the planning, organizing staffing, supervising and evaluation of the program and ministry of the church. 3hours.

**PM 430 Pastoral Counseling:** this is a course in counseling with a strong Biblical emphasis that considers the student as a counselor. The student will study basic forms of pastoral counseling including marriage and family counseling. It helps student recognize inadequate human responses to stressful situations and to accept better adjustments. 3hours.

**PM 430 Leadership Development:** This course deals with the basic leadership principles required for the character development of the Christian Minister. 3 hours.

**PM 431 Homiletics I:** This course enables the student define and distinguish the three principal types of sermons and the principles for their preparation. The student learns the principles of preaching and the relationship to the interpretation of given scriptural texts, the importance of prayer during preparation, and the integration of the preacher's life and message. 3hours.

**PM 432 Homiletics II.** This course is a continuation of Homiletics I with emphasis on the preparation and delivery of an expository sermon. 4hours.

**CE 330 the Church's Ministry of Children:** in depth study of the needs and spiritual development of children and youth and well as materials and method of teaching these age groups.

Topics such as evangelism, worship, music, memorization, creative activities, relations to the church, and role of the home in this ministry are emphasized. 3hours.

**CE 320 Camps & Conferences:** introduces the student to the philosophy of Christian camping, its history, administration, and planning. Consideration must be given to counseling, behavior problems, selecting and training of leader, techniques of recreational leadership, programs of recreation, and development of material. 2hours.

**CE 330 Educational Psychology:** studies the theories of learning and instruction as these relate to the planning of effective strategies to promote learner's development. Attention is given to techniques for teaching disadvantage children as well as handicapped students. 3hours.

**CE 330 Curriculum Development:** studies the development, use, and evaluation of effective curriculum, especially that which is recently developed for religious/Christian education Africa. 3hours.

**CE 330 Educational Methods in Elementary/Secondary Schools:** Teaching the contents methods and materials used in teaching these levels. Special attention is given to scientific and historical developments in order to equip the student to teach Bible and/or the philosophy of the Christian Religion on the Elementary or secondary level. 3hours.

**CE330 Educational Foundations:** A survey of the historical development of educational thought and practice from primitive man to present day. Emphasis is placed on the development and use of.

**CE 430 Seminar in Christian Education:** Considers various aspects of Christian education, its organization, administration, personnel, curriculum and environmental concern. 3 hours

**CE 430 Supervised Ministry in Christian Education:** integrates classroom studies with practical Christian education ministry to allow students have actual experience and to evaluate their skills in leaders. Under the supervision of the Instructor and a local pastor the students teach in local church. 3hurs.

**CE 430 Educational Administration:** The purpose of this course is to discover the history and theory of educational administration, including techniques of planning, organizing, implementing, supervising and evaluation of educational institution. 3hours.

**CE 430 Guidance and Counseling:** Basic counseling and guidance skills which include: interviewing skills, assessment skills and therapeutic listening skills in a laboratory situation. 3hours.

**CE 430 Educational Philosophy:** The purpose of this course is to trace the historical development of education and provide a background of educational philosophies, especially those which have affected the church's ministry of educational and leading to the formation of one's own philosophy of Christian Educational. 3hors.

**CE 330 The Church Ministry of Youth:** studies the nature and needs of youth, materials and method appropriate for working with youth, and an adequate program of Christian Education with youth in local church. 3hours.

**CE 230 Principles & Methods of Teaching:** the basic theories and models of communication and variety of introduction methods are introduced. Attention is given to effective interpersonal interaction, use of creativity, and utilization of the various instructional methods learned. 3hours.

**CE 320 the Church's Ministry to Adults:** Considers the characteristics, depending needs, and interests of both young and senior adults in the home, church and society and the kind of educational program for them in the local church. 2hours

## **BIBLICAL THEOLOGY**

**BT 230 Biblical Authority & Hermeneutics:** studies the nature of biblical authority, meaning and scope of inerrancy and the basic principle used to determine the meaning and application of the principles used to determine the meaning and application for the biblical texts. Attention is given to significance of the grammatical, historical and cultural contexts of the Canon of scripture for interpretation and proper contemporary application

**BT 330 Fundamentals of Biblical Theology:** Defines and distinguishes biblical theology from systematic theology and considers its methods, place and importance in biblical studies. A survey is made of the Old Testament's presentation of God. Man, judgment, and salvation and their historical fulfillment during God's dealing with His people. 3hours.

**BT 230 inductive Bible Study Methods:** a study of the definition and components of these methods are made. The student is introduced to hermeneutics. 3hours.

## **OLD TESTAMENT**

**OT 131 Testament introduction:** a general survey of the Old Testament books to acquaint students with their historical, geographical and cultural settings and basic message. Requirement for further OT students. 3hours.

**OT 230 Joshua/Judges:** the content and structure of Joshua and early chapters of Judges are studied. Students discover that the believer's faith and obedience are inseparable before God, and are conditions for His Mighty works. 3hours.

**OT 230 Exodus:** God's holiness and His salvation and sustenance of His people are studied. The contents are compared and contrasted with New Testament teaching on these matters. 3hours.

**OT 330 Old Testament Criticism:** introduces the students to the results of modern research on the Old Testament, and the literary approaches to this section of the Bible, particularly the Pentateuch and Isaiah 3.hours.

**OT 330 Pentateuch:** Surveys the content, structure and literary styles of the five books. One of the books is studied inductively in order to develop the student's analytical skills and help him discover God's design requirements for holy living given in it. 3hors.

**OT 330 Old Testament Prophets:** an interpretive study of selected major and major prophets to acquaint students with their setting, way of life, and messages, and the relevance of these messages for today. At least one book is studied in depth during the course. 3hours.

### **New Testament**

**NT 132 New Testament Introduction:** Analysis of the New Testament book is made. Attention is given to their historical setting and basic message to help the student improve his knowledge of bible content, particularly the continuity of the biblical revelation. A requirement for further New Testament studies. 3hours.

**NT 230 ACTS:** The historical setting, nature, purpose, date, authorship, content, and context of methodology of the early church's development and their application to the contemporary African Church. 3hours.

**NT 330 Theology of Paul:** studies the socio-religion background of Paul as well as his conversion and the part each played on his interpretation of Jesus and the Christian life. Special attention will be given to his understanding of law and concepts of being "In Christ", Reconciliation, Justification and hope for the future, 3hours.

**NT 330 Romans:** A study is made of the book's basic Christian doctrine in light of its historical cultural context. Practical implications for the African Christians are considered. 3hours.

**NT 430 Revelation:** a study of the structure, content, spiritual values and the eschatological teaching of the book and its relationship to other apocalyptic writings. Attention is given to its methods of interpretation. 3hours.

**NT 430 Hebrews:** the epistle's Old Testament background is explored in order to uncover its theological and spiritual significance for the Church. Emphasis is given to the pre-eminence of the Lord Jesus Christ's deity and high and better priestly and sacrificial ministries. 3hours.

### **Historical Theology**

**HT 121 History of Christianity I:** introduces the student to the development of the Christian Faith from the apostolic period through the nineteenth century. 2hours.

**HT 230 History & Doctrines:** examines the biblical doctrines normally accepted by including the Articles of Faith/Religion, History, Discipline and policy required for ordination within the Church. 3 hours.

### **SYSTEMATIC THEOLOGY**

**ST 131 Systematic Theology I:** Introduces the student to Christian Theology. It highlights the basics doctrines concerning Biblioply, Theology proper, man, sin and sanctifications. 3 hours.

**ST 132 Systematic Theology II:** this is a continuations of St 153. It emphasizes the doctrines of the church, the second coming of Christ, and eschatology. 3hours.

**ST 320 The Church & War:** allows for an exegetical discussion OT Wars and NT teachings about love for enemies, in order to enable students make rational, practical Christian conclusions regarding the Christian's participation

in war today. Attention is given to the deadly traumals of war and the Church's role in offering relief and healing to the traumatized. 2hours.

**ST 330 Revelation, God, and Man & Sin:** examines the nature and sources of theology the doctrines of God, the Holy Trinity, Creation, Providence, and Man in his original nature and fall, and the nature and meaning of sin. 3hours.

**ST 430 Doctrine of Last Things:** Investigations biblical Prophecy and God's prophetic program within the Bible. Special attention is given to the New Testament presentation, including the historical development of interpretation with comparisons and evaluations. 3hours.

**ST 430 Contemporary Theological Trends;** compares the various forms of current theology including development among Western and African theology. Attention is given to current theological development in Africa. 3hours.

#### **PHILOSOPHY AND HUMAN SCIENCE**

**PH 220 African Traditional Religion:** studies the origin and development of African tradition religions, their effects on the African mind and life, and their present challenges (s) to Christianity. Attention is given to the Christian's response. 2hours

**PH 331 Introduction to Philosophy:** a study of the philosophical concepts, system, methods, problems and ideas which have historically influenced man's view of himself and his surroundings, beginning with the Greek thinkers. 3hours

**PH 332 Philosophy of Religion:** the basic presuppositions of the religions are considered. Examination is made of Christian Theism in relation to Science, Marxism, Freudian Psychology, Logical positivism, the problem of Evil, Freedom and Determination, Relativism and Absolutism in World Religions, the Mystical Pantheism of the New Age Movement, etc. this course

prepare the students to meet the intellectual problems of honest doubters during times of evangelism. 3hours

**PH 330 Introduction to Islam:** A study of the origin and development of Islam with particular attention given to the concepts Islam and Christianity have in common and the means by which Christian may Witness to followers of Islam. 3hours.

**PH 430 Major Religious, Cults & Occults:** a critical examination is made of the origin development and essential beliefs of some major Christ as set forth in the New Testament. The Christian's means of Witnessing to the primary ones are considered. 3hours.

**So 331 Sociology I:** studies the basic concepts in the field of Sociology. Special attention is given to such sociological concerns as the development of cultures, socialization, collective behavior, social problems and personality development. 3hours.

**SO 332 Sociology II.** A continuation of SO 331. Emphasis is given to the basic institutions: Family, Education, economics, Religion and Government, and their role in the Socialization process. 3hours

**PS 230 Psychology of Development & Learning:** a survey of the various schools of research methods and basic principles in the study of human growth and development as it relates to understanding heavier, I personality, and the processes of learning and the adjustment. 3hours.

## **DIVISION OF CHRISTIAN COUNSELING**

**CC230 Innovative Approaches To Counseling:** a survey of new strategies and therapies in the professional field of counseling. 3hours.



**CC 230 Counseling Christian Workers:** Presents the scope and nature of challenges encountered by Christian laymen and professional in Christian ministry and how to diagnose these and apply therapeutic techniques. 3hour

**CC 230 Biblical Counseling for every Christian:** This course provides clear information and excellent models to help you understand what discipleship counseling is all about. 3hours.

**CC230 Spirit Controlled Temperament:** Studies human behavior using the four basic temperament types. Special emphasis is placed on what it means to be controlled by the Holy Spirit. 3hours.

**CC 230 Self-talk, Imagery, and Prayer in Counseling:** Presents techniques for the use of the therapies of self-talk, imagery, and prayer in counseling the individual client in the local church setting, 3hours.

**CC330 Counseling those with eating disorders:** a discussion of the nature, cause, and consequences of anorexia, bulimia, and other eating disorders and their treatment. 3hours.

**CC330 Counseling for Family violence and Abuse:** focuses on spousal abuse, child abuse and elder abuse. Suggested treatment techniques are provided for each of these abusive and illegal behaviors: 3hours.

**CC330 Counseling and Guilt:** provides an understanding of guilt and teaches how to counsel for its prevention and remediation. The development of strategies for elimination of guilt and its debilitating effect are emphasized. 3hours.

**CC330 Counseling and Divorce:** Divorce is dealt with from the Scripture perspective. Focus is on these questions: "Is divorce justifiable?" "What should be the Christian counselor's attitude toward divorced person?" "Under what conditions, according to the Scripture, is an individual entitled to a divorcee?"

“What Counseling therapies are most effective in interfacing with those who have experienced a divorce?” 3hours.

**CC330 Marriage and Family Counseling:** An enabling view of marriage counseling is presented. Biblical guidelines, counseling methodologies, and other issues are addressed. 3hours.

**CC 330 Counseling for unplanned Pregnancy and Infertility:** Arms the counselor with understanding and techniques for identifying the Cause for lack of self-control, along with clinical and biblical solutions to problems of self-control. 3hours.

**CC330 Counseling for substance abuse and addiction:** a course which address substance abuse and addiction in clients. It provides a Christian approach to counseling the people in our society who are afflicted with this destructive and life threatening behavioral disorder. 3 hours.

**CC 430 Counsel for Anger:** helps the counselor understand the cause of anger, how to remediate anger, to resolve problems initiated by anger in marriages, in children, and in one’s relationship with God. 3hours.

**CC430 Children with Conduct disorders:** this course will teach and enable psychotherapists to avoid two typical dilemmas; having to choose between setting broad therapeutic goals with only general guides to achieve them and setting narrow goals with only general instructions for implementation. 3hours.

**CC430 Psychotherapy:** This course gives a careful analysis and penetrating critiques of Freudian Psychoanalysis, Ego-Psychology, Behavior Modification Rational emotive Therapy, Cognitive-Behavior Therapy, Adlerian and Reality Therapies, Person –Centered Therapy, Existential therapy, Gestalt Therapy, family therapy, and Jungian Therapy. 3 hours.

**CC430 Counseling in Times of Crisis:** in-depth information In-depth information presented regarding current crisis intervention techniques and the goals of counseling in crisis situation. 3hours

**CC430 Career Counseling:** this course will give much need insight into vocational and career counseling.

**CC430 Practicum in Counseling:** a practicum requires that the student be actively participating in an organize counseling facility under an approved supervisor. The student is required to submit regular reports of actual involvement in the counseling process. 3hors